

SAHIL RIZWAN

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SUMMARY OF QUALIFICATIONS

- Life Sciences student at McMaster University with a pursuit in a minor in Sustainability & Environmental Stewardship.
- Conducted research across diverse topics including genetics, toxicology, science communication, ergonomic solutions and clinical health studies.
- Over 4 years of experience in research, customer service, and team collaboration.
- Proven track record of success in fundraising, retail operations, digital marketing, and community outreach.

NOTABLE ACCOMPLISHMENTS

- Helped Islamic Relief McMaster raise over \$40,000 for humanitarian aid across 3 years and contributed to the club earning the Club of the Year Award across Canada (2024–25).
- Received the Red Star of Recognition from Lowe's Canada for exceptional customer service.
- Supported the growth and engagement of ACCESS Tech McMaster, Celebrate Africa Tours, and other nonprofit and for-profit brands via social media strategy and content creation.
- Led a successful e-waste donation campaign at McMaster University, collecting 338 lbs of unused tech and 200+ donations.
- Demonstrated adaptability and collaboration by working with major retailers like Costco.

RELEVANT EXPERIENCE

Celebrate Africa Tours

Mar 2025 – Apr 2025

Digital Social Media Campaign Strategist

- Designed and implemented a digital campaign strategy to boost brand awareness.
- Developed a social media calendar and promotional materials to improve engagement.
- Collaborated with a student team to align messaging with client goals and market trends.

Shoppers Drug Mart

July 2024 – June 2025

Retail Cashier / Merchandiser

- Deliver excellent customer service and product support in a fast-paced retail setting.
- Manage transactions efficiently while maintaining store organization and stock levels.
- Collaborate with team members to ensure smooth store operations.

VPS Promotions (Costco 1044)

June 2022 – Sep 2024

Inventory Management Associate

- Maintained inventory levels, tracked returns, and performed regular audits.
- Worked with Costco staff to ensure seamless shopping experiences.

VOLUNTEER EXPERIENCE

Islamic Relief McMaster

Sept 2022 – Present

Senior Finance Executive / Event Coordinator

- Helped plan and lead humanitarian fundraising events over 3 years, helping raise over \$40,000.
- Oversaw budgeting, donation tracking, and financial transparency using Excel and online tools.
- Led outreach campaigns to boost student participation and increase impact.

Wharton Medical Clinic Clinical Trials

Jan 2024 – June 2024

Research Assistant

- Operated lab equipment such as centrifuges and organized biological samples and vials.
- Escorted patients and observed day-to-day clinical operations.
- Gained hands-on insight into how chronic disease research is conducted in a real-world setting.

EDUCATION

McMaster University

Sept 2022 - Present

BSc Honours Life Sciences, Faculty of Science

- Pursuing a minor in Sustainability & Environmental Stewardship.

SKILLS & TOOLS

- Research in genetics, toxicology, science communication, health studies, etc.
- Lab skills: pipetting, solution prep, microscopy (light and Zeiss), model organisms, etc.
- Microsoft Excel, Word, PowerPoint, Teams, Canva, content scheduling, and email marketing.
- Budget tracking, event planning, fundraising, and communication.

LANGUAGES

- English (Fluent), French (Conversational) & Urdu (Conversational).